



8th Degree Black Belt
Grand Master in
Tae Kwon Do

CHAMPION KARATE – “WAY OF LIFE”

SUMMER SCHEDULE

Effective June 14, 2010

Want to see if karate and kickboxing are for you? Come in for a FREE lesson!

- SPECIAL DISCOUNT on 10 private lessons or more
- **SCHEDULE A PRIVATE LESSON TODAY!**
- **BOOK YOUR BIRTHDAY PARTIES HERE!**
- Non-Members may use the gym for only \$19.⁹⁵
- **Special Fitness Gym** and **Expanded Parking Lot!**



Six-time
World Kickboxing Champion
in six different weight classes

GYM HOURS: Monday-Friday 11 a.m. – 9 p.m. ♦ Saturday 11 a.m. – 3 p.m.

OPEN AT 11 AM – DURING THE WEEK, FRIENDS & FAMILY ARE WELCOME FOR A FREE TRIAL LESSON!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Sessions with Grand Master Kaz	Private Sessions with Grand Master Kaz	11:30 – 12:20 ALL AGES ALL RANKS	Private Sessions with Grand Master Kaz	11:30 – 12:20 ALL AGES ALL RANKS	11:00 – 3:00 Private Sessions with Grand Master Kaz
		Private Sessions with Grand Master Kaz		Private Sessions with Grand Master Kaz	
		4:45 – 5:30 Kids BEGINNER Class White Belt through Green Belt Ages 4 – 11		4:45 – 5:30 Kids ADVANCED Class 2 nd Green Belt through Junior Black Belt Ages 4 - 11	
6:00 – 6:45 Teen BEGINNER Class White Belt through Green Belt Ages 12 – 17	6:00 – 6:45 Teen ADVANCED Class 2 nd Green Belt through Junior Black Belt Ages 12 - 17	6:00 – 6:45 Teen BEGINNER Class White Belt through Green Belt Ages 12 - 17	6:00 – 6:45 Teen ADVANCED Class 2 nd Green Belt through Junior Black Belt Ages 12 - 17	6:00 – 6:45 Teen Class ALL RANKS Beginning & Advanced Ages 12 - 17	CLOSED AT 3:00 PM
7:10 – 8:00 Adult BEGINNER Class White Belt through 2 nd Green Belt Ages 18 & up	7:10 – 8:00 Adult ADVANCED Class Blue Belt through Black Belt Ages 18 & up	7:10 – 8:00 Adult BEGINNER Class White Belt through 2 nd Green Belt Ages 18 & up	7:10 – 8:00 Adult ADVANCED Class Blue Belt through Black Belt Ages 18 & up	7:10 – 8:00 Adult Class ALL RANKS Beginning & Advanced Ages 18 & up	
CLOSED AT 9:00 PM					

If you are unable to attend a Kids Class, you may attend a Teen Class.

Assistant Instructors: Master Coronel, Master Chang, Mr. Rick, Mr. Sandro

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